FALL NEWSLETTER

Welcome to the FALL 2017 Edition of the RSEC newsletter!

RSEC aims to represent RHSC student interests and strengthen the social and academic community within the program. This edition of the newsletter will highlight some of our past and upcoming initiatives such as:

- RSEC at Terry Fox Run 2017 (September 2017)
- 2nd Annual Rehabilitation Sciences Research Day (October 2017)
- 1st Annual RHSC Mentorship Event (November 2017)

Meet your new RSEC Student Representative:

jennifer.ferris@alumni.ubc.ca

My name is Jenn Ferris and I am the newly appointed PhD Student Representative for RSEC UBC. I am a 2nd year PhD student working under the supervision of Drs. Lara Boyd and Kenneth Madden. My research examines the impact of type-2 diabetes on the peripheral and central nervous system. Outside of the lab I enjoy running in the beautiful BC mountains. I'm very excited to serve as the RSEC PhD representative, please do not hesitate to get in touch!

My name is Logan Meyers and I am the newly appointed MSc Student Representative for RSEC UBC. I am a 1st year MSc student working under the supervision of Dr. Kristin Campbell in the Clinical Exercise Physiology Lab (CEPL). My research is going to examine the impact of various components of body composition on the toxicities experienced during chemotherapy and survival of cancer patients. Aside from research, I also enjoy getting out an exploring the city of Vancouver. I look forward to my time as the MSc student representative, and joining a great RSEC team!

logan.meyers@ubc.ca

RSEC is always happy to hear your ideas, comments or concerns, so please feel free to reach out to a member of RSEC!

Follow us on our Twitter page **(@rehabsciexec)** and Facebook page **(@RHSCinfo)** for the latest updates on activities, events, and research going on in the Rehabilitation Sciences at UBC!

Rehabilitation Sciences Research Day 2017

On October 25, 2017, we had our **2nd Annual Rehabilitation Sciences Research Day.** Thank you to all those who were able to make it to the event. A special thank you to our keynote speaker, Dr. Catherine Backman, for joining us and presenting her research!

Make sure to look out for news on next year's Rehabilitation Sciences Research Day in the new year!

Congratulations to the following prizes winners at this year's Research Day:

Best Oral Presentations: **Kamaldeep Gill & Nafeez Syed**

Best Poster Presentation: **Flora Miles**

Best 3MT Presentation: **Bolette Rafn**

Best Abstract: **Sara Izaid-Najafabadi**

RSEC at Terry Fox Run 2017

This year, a group of students, led by RSEC participated in the 2017 Terry Fox Run at Stanley Park! The final donation on behalf of our student body was $1,285. This is amazing work, and thank you to everyone who was involved! The event was fantastic and the weather held out for the entire run. We all look forward to next year's event with plans to beat our fundraising goals from this year!

1st Annual RHSC Mentorship Event

On November 21st, 2017, RSEC organized a panel event focused on developing effective mentorships in graduate school. At the event, Drs. Liisa Holsti, Jill Zwicker, Kathryn Hayward, and Jean-Francois Esculier spoke about the critical importance of mentorship for success in graduate studies, tips on how to build effective mentorships, and shared personal experiences of success through mentorship.

Introducing new members to the RSEC team:

Logan Meyers (MSc Student Rep, Treasurer, & Scientific Committee) – Logan is a 1st year MSc student, supervised by Dr. Kristin Campbell. He has a Bachelor of Science degree in Health Sciences from Wilfrid Laurier University. His primary research is looking into investigating the role of body composition when addressing cancer treatment side effects and survival. He enjoys, biking, hiking, music, good food, basketball. In the future, he hopes to contribute in reducing chemotherapy side effects in cancer patients and improve survival through exercise training.

Kamal Gill (South Region Representative & Scientific Committee) – Kamal is a 1st year MSc student, supervised by Dr. Jill Zwicker. Kamal received her Bachelors of Kinesiology from University of the Fraser Valley and her Masters of Science in Occupational Therapy from University of Alberta. She is a registered occupational therapist and her primary research focus is children with Developmental Coordination Disorder (DCD). Kamal is looking at brain differences in children with DCD when compared to typically developing children in order to help find a neural basis of this disorder. She enjoys running, hiking, cooking, and enjoying the country life in the Fraser Valley. In the future, she hopes to continue doing research and clinical work with children who have DCD to help increase their quality of life.

Julia Schmidt (Post-Doc Representative & Professional Development Committee) – Julia is a 2nd year Postdoctoral Fellow with Dr. Lara Boyd. She has a Bachelor's Degree in Occupational Therapy (U of Alberta) and a PhD from the University of Queensland, Australia, focusing on cognitive rehabilitation for people with traumatic brain injury. Her current research investigates the neurophysiology of childhood concussion using non-invasive brain stimulation, longitudinally. She enjoys running in the great outdoors. In the future, Julia would like to continue research to improve everyday life for children and adults with brain injury, combining effective rehabilitation strategies and brain biomarkers of recovery.

Sarah Weller (Professional Development Committee) – Sarah is a 1st year MSc student, supervised by Dr. Kristin Campbell. She has Bachelor of Applied Science in Human Movement Studies from the University of Queensland, Australia. She has 12 years of clinical experience as an Exercise Physiologist working in oncology rehabilitation. Her primary research focus is to translate evidence into practice in an oncology setting, specifically around development and implementation of exercise-based services for men with prostate cancer in BC. Sarah enjoys cycling, hiking, running, camping and exploring the mountains. In the future, she would like to help integrate exercise as part of the standard of cancer care in Canada and to build usable frameworks and guidelines for professionals to use to improve the delivery of services to cancer survivors.